



stella cadente

designed by joan forgione

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stella cadente cowl

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Stella Cadente is a dressy, open-work cowl. Knit on big needles with a simple drop-stitch pattern, you can whip one up in a matter of hours.

FINISHED MEASUREMENTS

- Cowl circumference: 50" [127cm] (*adjustable*)
- Cowl width: 6½" [16.5cm] (*adjustable*)

YARN

- 2 skeins *Lang Aurora*
80% cotton, 20% acetate
142 yds [130m]/50g
Shown in color Surat (59)
or
- 230 yds [211m] DK weight yarn

NEEDLES

- US 10 [6mm] needles

NOTIONS

- tapestry needle
- waste yarn or spare knitting needle (*optional*)
- size J (6mm) crochet hook (*optional*)
- spare US 10 [6mm] double-pointed needle (*optional*)

GAUGE

- 19 sts and 21 rows = 4" [10cm] in garter stitch (blocked)

GAUGE IS NOT CRITICAL TO THIS PROJECT'S CONSTRUCTION, HOWEVER A CHANGE IN GAUGE WILL AFFECT THE FINISHED MEASUREMENTS AND THE YARN REQUIREMENTS.

SKILLS USED

- cables
- lace
- decreasing
- provisional cast-on (*cowl only*)
- grafting (weaving) stitches (*cowl only*)

NOTES & TIPS

1. The cowl is worked flat in rows.
2. Cowl can begin with any simple cast-on and finished by seaming the cast-on edge to the bind-off edge; optionally, the cowl can begin with a provisional cast-on and then grafted with live stitches of the last row. Instructions are given for both options.
3. The cowl's circumference can be adjusted by working the 58-row repeat more or fewer times. Note that this will affect the amount of yarn needed.
4. The cowl's width can be adjusted by casting on any odd number of stitches. Note that this will affect the amount of yarn needed.

TECHNIQUES

• Provisional Cast-On (crochet method)

With waste yarn, make a slip knot and place it on the crochet hook. With knitting needle in left hand and crochet hook in right hand, cast on as follows: *Bring yarn around knitting needle from back to front, then make a chain stitch with the crochet hook over the knitting needle (1 st cast on). Pass the yarn between the knitting needle and crochet hook to the back. Repeat from * until all stitches have been cast on. *To later undo provisional cast-on, slowly pull out chain, beginning with the last stitch cast on, and place remaining sts on spare double-pointed.*

• Grafting (weaving) stitches in garter stitch

Set up: Hold the needles parallel to one another with the purl bumps facing you on both the front and back needles. Thread a tapestry needle and insert into the first stitch on the front needle, as if to purl. Pull yarn through and leave the stitch on the needle. Then insert the tapestry needle into the first stitch on the back needle, as if to purl. Pull yarn through and leave the stitch on the needle. *Insert the tapestry needle into the first stitch on the front needle as if to knit and slide the stitch off the needle. Then insert into the next stitch on the front needle, as if to purl. Pull through and leave the stitch on the needle. Insert the needle into the first stitch on the back needle as if to knit and slide the stitch off the needle. Then insert the tapestry needle into the next stitch on the

back needle, as if to purl. Pull through and leave the stitch on the needle. Repeat from * until all stitches have been woven.

HELPFUL LINK

- [Video: provisional cast on](#)
- [Video: grafting in garter stitch \(Kitchener\)](#)

ABBREVIATIONS

k	knit
k2tog	knit 2 sts together
rep	repeat
st(s)	stitch(es)
yo	yarn over



cowl

Cast on 31 sts using either a simple cast-on method or a provisional cast-on.

ROWS 1 – 8: Knit.

ROW 9: K1, *yo 3x, k2tog, rep from * to end.

ROW 10: K across row, dropping wrapped sts off needle as they are worked.

ROWS 11 – 26: Knit.

ROW 27: Rep ROW 9.

ROW 28: Rep ROW 10.

ROW 29: *K2tog, yo, rep from * to last st, end k1.

ROW 30: Rep ROW 10.

ROW 31: Rep ROW 9.

ROW 32: Rep ROW 10.

ROWS 33 – 48: Knit.

ROW 49: Rep ROW 9.

ROW 50: Rep ROW 10.

ROW 51 – 58: Knit.

Rep ROWS 1 – 58 three times more.

FINISHING

If knitting was begun with a simple cast-on: Bind off all stitches loosely. Cut a 20" tail and thread through tapestry needle. Seam cast-on edge to bind-off edge. Weave in all ends. Block to finished measurements.

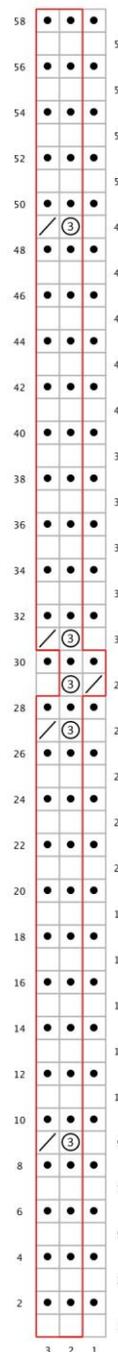
If knitting was begun with a provisional cast-on: Cut a 20" tail and thread through tapestry needle.

Carefully undo provisional cast-on and place sts on spare double-pointed needle. Graft cast-on sts to live sts of last row to form cowl. Weave in all ends. Block to finished measurements.

STELLA CADENTE Chart

Key

	white
	RS: knit WS: purl
	RS: purl WS: knit
	yo 3 times
	RS: k2tog WS: p2tog
	Pattern rep



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